

Our Elements Series is a great combination of quality construction and functional innovation at a competitive price. Elements offers a wide range of product options that fill a variety of needs. Choose Elements and make a smart choice in quality equipment.

- Top quality, heavy duty construction
- Easy clean, durable, Almond laminate surfaces with White pegboard

CABINET PEG RACS

Front



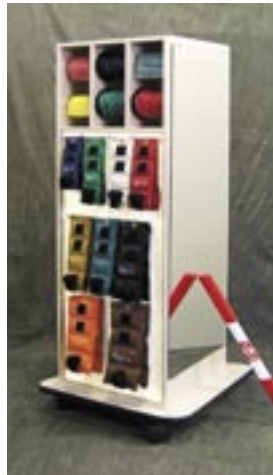
6150A

WIDTH	HEIGHT	DEPTH
30"	73"	30"

CabinetRac with Doors and Drop Leaf

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only) and/or tubing. *(Tubing spools sold separately. See page 30. All items shown not included.)*
- Drop leaf feature is ideal for writing/support surface
- 2 locking doors with 3 adjustable shelves
- Storage nook for Velcro® with door
- Mirror has polished edges and ANSI safety backing
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper molding around edge
- 4" swivel casters (2 locking)
- Almond color complements any decor
- Holds up to 48 cuff weights, 22 dumbbells, 4 rolls of Velcro®, 6 rolls of exercise band and/or tubing and much more

Back



Front



6151

WIDTH	HEIGHT	DEPTH
29"	72"	23"

CabinetRac with Doors Plus

- Versatile, multi-item weight/storage cabinet with 2 locking doors
- 6 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only) and/or tubing. *(Tubing spools sold separately. See page 30. All items shown not included.)*
- 6 shelves (3 adjustable and 3 fixed)
- Open top storage nook
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper molding around edge
- 4" swivel casters (2 locking)
- Almond color complements any decor
- White pegboard to hold cuff weights
- Holds up to 48 cuff weights, 22 dumbbells, 6 rolls of exercise band and/or tubing and much more

Front/Doors Closed



Back



Front



6155

WIDTH	HEIGHT	DEPTH
29"	62"	23"

CabinetRac with Doors

- Versatile, multi-item weight/storage cabinet with 2 locking doors
- 6 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only) and/or tubing.
(Tubing spools sold separately. See page 30. All items shown not included.)
- 4 shelves (3 adjustable, 1 fixed)
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper molding around edge
- 4" swivel casters (2 locking)
- Almond color complements any decor
- White pegboard to hold cuff weights
- Holds up to 48 cuff weights, 22 dumbbells, 6 rolls of exercise band and much more

Front/Doors Closed



Back



MIRRORRACS

Front



6154

WIDTH	HEIGHT	DEPTH
31 1/2"	72"	18"

MirrorRac

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only) and/or tubing.
(Tubing spools sold separately. See page 30. All items shown not included.)
- Mirror with ANSI safety backing
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper molding around edge
- 4" swivel casters (2 locking)
- Almond color complements any decor
- White pegboard to hold cuff weights
- Holds up to 48 cuff weights, 22 dumbbells, 6 rolls of exercise band and/or tubing and much more

Back



PEGRACS



5125

WIDTH	HEIGHT	DEPTH
25 ¹ / ₂ "	66 ¹ / ₂ "	18"

Koala PegRac

- Innovative designed double sided cuff weight rac with white pegboard provides easy access and maximum mobility. *(Cuff weights not included.)*
- Protective bumper molding around ends
- 3" swivel casters (2 locking)
- Holds up to 96 cuff weights

5127

WIDTH	HEIGHT	DEPTH
25 ¹ / ₂ "	66 ¹ / ₂ "	18"

Wallaby PegRac

- Innovative designed cuff weight and dumbbell rac with white pegboard provides easy access and maximum mobility. *(Weights not included.)*
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper molding around ends
- 3" swivel casters (2 locking)
- Holds up to 48 cuff weights and 22 dumbbells





5129

WIDTH	HEIGHT	DEPTH
32"	66 1/2"	18"

Joey PegRac

- Dumbbell and cuff weight rac with white pegboard provides easy access and 4-sided storage. *(Weights not included.)*
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper molding around base
- 3" swivel casters (2 locking)
- Holds up to 96 cuff weights and 22 dumbbells

5129C

WIDTH	HEIGHT	DEPTH
32"	66 1/2"	18"

Kangaroo PegRac

- 5 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only). *(Tubing spools sold separately. See page 30. All items shown not included.)*
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper molding around base
- 3" swivel casters (2 locking)
- Holds up to 96 cuff weights, or 54 cuff weights, 18 weight bars and 5 rolls of exercise band and/or tubing



WEIGHT WAGONS



4733A

WIDTH	HEIGHT	LENGTH
24 ³ / ₄ "	58"	48"

Super Weight Wagon with CapRac

- 4 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only) and/or tubing. *(Tubing spools sold separately. See page 30. All items shown not included.)*
- Numerous storage sections with full shelf on top
- Protective bumper molding for extra protection on ends
- 4" swivel casters (2 locking)
- Removable Band CapRac
- Holds cuff weights, dumbbells, disc weights, weight bars, 4 rolls of exercise band and/or tubing and much more



4734A

WIDTH	HEIGHT	LENGTH
24 ³ / ₄ "	58"	48"

All-In-One Weight Wagon with CapRac

- 4 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only) and/or tubing. *(Tubing spools sold separately. See page 30. All items shown not included.)*
- Numerous storage sections with full shelf on top
- Protective bumper molding for extra protection on ends
- 4" swivel casters (2 locking)
- Removable Band CapRac
- Holds cuff weights, dumbbells, disc weights, weight bars, 8 rolls of exercise band and/or tubing and much more



4733

WIDTH	HEIGHT	LENGTH
24 ³ / ₄ "	39 ³ / ₄ "	48"

Super Weight Wagon

- Innovative designed weight wagon provides easy access, 4-sided storage and maximum mobility. *(Weights not included.)*
- Numerous storage sections with full shelf on top
- Protective bumper molding for extra protection on ends
- 4" swivel casters (2 locking)
- Holds cuff weights, dumbbells, disc weights, weight bars and much more



4734

WIDTH	HEIGHT	LENGTH
24 ³ / ₄ "	39 ³ / ₄ "	48"

All-In-One Weight Wagon

- Innovative designed weight wagon provides easy access, 4-sided storage and maximum mobility. *(Weights not included.)*
- Numerous storage sections with full shelf on top
- Protective bumper molding for extra protection on ends
- 4" swivel casters (2 locking)
- Holds cuff weights, dumbbells, disc weights, weight bars, 4 rolls of exercise band and/or tubing and much more

4733Z

CapRac

- Fits any Kangoo designed Weight Wagon, or can be used on table tops
- Holds 4 rolls of exercise band and/or tubing



5142

WIDTH	HEIGHT	DEPTH
38 1/2"	30"	26"



3-Tier Rac

- Rac ships unassembled via UPS® or FedEx® Ground to save you money. *(Items shown not included.)*
- Easy assembly using the Kangoo® directions
- 3 fixed shelf-bins to store dumbbells, cuff weights, medicine balls and much more
- Protective bumper molding for extra protection around edges



MISC. CABINETS

Closed



5145

WIDTH	HEIGHT	DEPTH
20 1/2"	66"	7 1/2"

Hide-A-Way Cabinet

- 5 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only) and/or tubing. *(Tubing spools sold separately. See page 30. Other items not included.)*
- Innovative design for storing cuff weights, dumbbells, exercise band/tubing and much more
- Cabinet rests on the floor and must be secured to the wall
- Mirror has polished edges with ANSI safety backing
- 4 adjustable shelves
- Holds up to 18 cuff weights, 10 dumbbells, 5 rolls of exercise band and/or tubing and much more

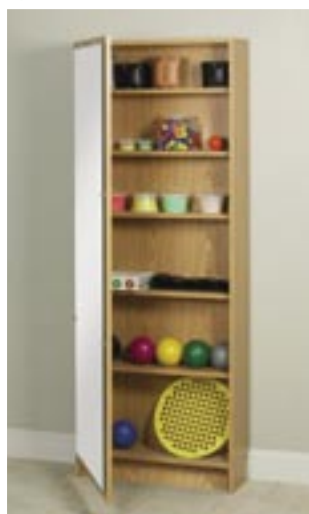
Open



Closed



Open



2444N

WIDTH	HEIGHT	DEPTH
20 1/2"	66"	7 1/2"

Mirror Cabinet/Oak

- Space-saving design provides multi-use storage *(Items shown not included)*
- 6 shelves (5 adjustable)
- Cabinet rests on the floor and must be secured to the wall
- Mirror has polished edges with ANSI safety backing

2444

WIDTH	HEIGHT	DEPTH
20 1/2"	66"	7 1/2"

Mirror Cabinet/Gray

- Same as above with Gray laminate

WEIGHT BAR STRIPS & RACS

4716

HEIGHT	WIDTH
36 1/2"	23 1/2"

Wall Weight BarRac

(Weight bars not included.)

- Plastic mounting hooks will not scratch bars
- Laminate surface
- Mounting holes included
- Holds 8 Thera-P® Bars



4717

WIDTH	HEIGHT	DEPTH
15 7/8"	13"	12"

Floor Weight BarRac

(Weight bars not included.)

- Plastic mounting hooks will not scratch bars
- Laminate surface
- Holds 12 Thera-P® Bars



4718

HEIGHT	WIDTH
5 1/2"	20"

Grip System Weight Bar Strip

(Weight bars not included.)

- Spring mechanism grips bars and holds them securely into place
- Mounting holes included



Innovative grip system holds weight bars in place

SHOULDER LADDER & MISC. STRIPS & RACS



BarRacs 4716B & 4716D can also be used to store weight bars.



4716B

WIDTH	HEIGHT	DEPTH
20 1/2"	36 1/2"	4 1/2"

Wall Mount Ladder BarRac

- Can be used as a flexion shoulder ladder and/or a BarRac to store bars *(Weight bars not included.)*
- 8 levels provide a wide range of motion
- Sitting to standing exercise can be achieved by combining 2 wall mount units and mounting them vertically, one above the other.
- Virtually unbreakable polycarbonate rods

4716D

WIDTH	HEIGHT	DEPTH
20 1/2"	36 1/2"	4 1/2"

Desktop Ladder BarRac

- Can be used as a flexion shoulder ladder and/or a BarRac to store bars *(Weight bars not included.)*
- 8 levels provide a wide range of motion
- Unit folds for easy storage
- Virtually unbreakable polycarbonate rods



4758A

WIDTH	HEIGHT
6"	47"

Shoulder Ladder

- 36 smooth, rounded corner steps
- Color coded every sixth step
- Easy-to-clean and sanitize Gray surface
- Mounts to wall with pre-drilled mounting holes



4910

WIDTH	HEIGHT	DEPTH
11 ¹ / ₂ "	14"	10"

Velcro® Rac

(Velcro® not included.)

- Refilling is quick and easy
- Open design permits visual inspection of inventory
- Can dispense 3/4"-2" widths
- Laminate surface
- Holds 4 rolls of Velcro®



5113K

WIDTH	HEIGHT
3"	48"

Dumbbell Strip/Gray

(Dumbbells not included.)

- Wall mounted with pre-drilled mounting holes included
- Strong polycarbonate rods, angled for stability
- Gray laminate surface
- Holds up to 11 dumbbells



5113KN

WIDTH	HEIGHT
3"	48"

Dumbbell Strip/Oak

- Same as 5113K in Oak laminate



1623

LENGTH
36"

Small TowelRac

(Covers sold separately.)

- "Sliding hook system" makes lateral positioning easy
- Includes (6) 10" hooks

1623A

LENGTH
48"

Large TowelRac

(Covers sold separately.)

- "Sliding hook system" makes lateral positioning easy
- Includes (8) 10" hooks



5516

WIDTH HEIGHT DEPTH
60" 6" 3"

Roll/Cane/Crutch Rac

(Rolls, canes and crutches not included.)

- Mounts to wall with provided hardware
- Includes (7) 10" hooks
- Laminate surface



5113D

LENGTH
36"

8-Hook, Cuff Weight Strip

(Cuff weights not included.)

- Wall mounted with provided hardware
- All laminate construction
- Mount an unlimited number of strips in any configuration
- Cuff weight "sliding hook system" makes lateral positioning easy
- Holds up to 32 cuff weights

** Shown with extra hooks. 8 hooks are provided.*



5113C

LENGTH
23 1/2"

5-Hook, Cuff Weight Strip*

(Cuff weights sold separately.)

- Features are the same as 5113D
- Holds up to 20 cuff weights

** Shown with extra hooks. 5 hooks are provided.*

XP1001

Replacement Set (4) of Sliding Hooks (10") for Towel and Crutch Racs

XP1002

Replacement Set (4) of Sliding Hooks (4" Chrome) for Cuff Weight Racs